



Co-funded by  
the European Union



# How can you move forward?

Project introduced by:

Gonçalo Lourenço



Linnea Stjernman



Marie Košárková



# Introduction Card

---

Who is a disabled person to you?

Persons with disabilities include those who have long-term physical, mental, intellectual or sensory debilitation which in interaction with various barriers may prevent their full participation in society on an equal basis. But today we are only gonna talk about the physical disabilities.



# Amputation

---

Amputation is the loss or removal of a body part such as a finger, toe, hand, foot, arm or leg. It can be a life changing experience affecting your ability to move, work, interact with others and maintain your independence

What can you do to help a person with an amputated arm?



# People using a service dog

---

Service dogs are specially trained to perform specific tasks for people with disabilities. These disabilities can be physical, sensory, psychiatric, intellectual, or mental.

What can you do if you see a person with a service dog crossing the street?



# People using braille

---

Braille is a writing system used by people who are blind or visually impaired and can be read by feeling the letters rather than seeing them.

What can you do to help a blind person ordering at mc donalds?



# People using sign language

---

Sign language is used by deaf people to communicate with others. When you communicate with a deaf person you have to follow a few rules for example speaking face to face so they can see your mouth, pronouncing properly and come up to them from the front.

What can you do if you see a deaf person using sign language struggling to pay for their groceries?





# Deaf people with hearing aid

---

Hearing aid is a device that helps hard of hearing or deaf people hear clearer.

What can you do if you see a deaf person with hearing aid struggling to buy a newspaper at the gas station?



# Person with a walker

---

A walker is a device used by people who have hard time walking. It gives them more stability and something to hold on to in case they might fall.

What can you do if you see a person with a walker leaving the supermarket with heavy bags?





# People in a wheelchair

---

The wheelchair is one of the most commonly used assistive devices to promote mobility and enhance quality of life for people who have difficulties in walking

What can you do if you see a person in a wheelchair that wants to go up a staircase?





Co-funded by  
the European Union

# THANK YOU



**Erasmus+**

KA220-HED – Cooperation partnerships in higher education

Project name: Breaking Fences

Project reference: 2023-1-SE01-KA220-HED-000155990

[www.breakingfences.se](http://www.breakingfences.se)

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

